Mayo-Portland Adaptability Inventory-4

Participation Index (M2PI)

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Name: _____ Clinic # _____ Date _____

Person reporting (circle one):   Single Professional   Professional Consensus   Person with brain injury   Significant other: _____

Below each item, circle the number that best describes the level at which the person being evaluated experiences problems. Mark the greatest level of problem that is appropriate. Problems that interfere rarely with daily or valued activities, that is, less than 5% of the time, should be considered not to interfere. Write comments about specific items at the end of the rating scale.

1.   Initiation: Problems getting started on activities without prompting

0 None	**1** Mild problem but does <u>not</u> interfere with activities; may use assistive device or medication	**2** Mild problem; interferes with activities 5-24% of the time	**3** Moderate problem; interferes with activities 25-75% of the time	**4** Severe problem; interferes with activities more than 75% of the time

2.   Social contact with friends, work associates, and other people who are not family, significant others, or professionals

0 Normal involvement with others	**1** Mild difficulty in social situations but maintains normal involvement with others	**2** Mildly limited involvement with others (75-95% of normal interaction for age)	**3** Moderately limited involvement with others (25-74% of normal interaction for age)	**4** No or rare involvement with others (less than 25% of normal interaction for age)

3.   Leisure and recreational activities

0 Normal participation in leisure activities for age	**1** Mild difficulty in these activities but maintains normal participation	**2** Mildly limited participation (75-95% of normal participation for age)	**3** Moderately limited participation (25-74% of normal participation for age)	**4** No or rare participation (less than 25% of normal participation for age)

4.   Self-care: Eating, dressing, bathing, hygiene

0 Independent completion of self-care activities	**1** Mild difficulty, occasional omissions or mildly slowed completion of self-care; may use assistive device or require occasional prompting	**2** Requires a little assistance or supervision from others (5-24% of the time) including frequent prompting	**3** Requires moderate assistance or supervision from others (25-75% of the time)	**4** Requires extensive assistance or supervision from others (more than 75% of the time)

5. Residence: Responsibilities of independent living and homemaking(such as meal preparation, home repairs and maintenance, personal health maintenance beyond basic hygiene including medical management) but not including managing money (see # 8)

0 Independent; living without supervision or concern from others	**1** Living without supervision but others have concerns about safety or managing responsibilities	**2** Requires a little assistance or supervision from others (5-24% of the time)	**3** Requires moderate assistance or supervision from others (25-75% of the time)	**4** Requires extensive assistance or supervision from others (more than 75% of the time)

6.   *Transportation

0 Independent in all modes of transportation including independent ability to operate a personal motor vehicle	**1** Independent in all modes of transportation, but others have concerns about safety	**2** Requires a little assistance or supervision from others (5-24% of the time); cannot drive	**3** Requires moderate assistance or supervision from others (25-75% of the time); cannot drive	**4** Requires extensive assistance or supervision from others (more than 75% of the time); cannot drive

7A. *Paid Employment: Rate either item 7A or 7B to reflect the primary desired social role. Do not rate both. Rate 7A if the primary social role is paid employment. If another social role is primary, rate only 7B. For both 7A and 7B, "support" means special help from another person with responsibilities (such as, a job coach or shadow, tutor, helper) or reduced responsibilities. Modifications to the physical environment that facilitate employment are not considered as support.

0	Full-time (more than 30 hrs/wk) without support	1	Part-time (3 to 30 hrs/ wk) without support	2	Full-time or part-time with support	3	Sheltered work	4	Unemployed; employed less than 3 hours per week

7B. *Other employment: Involved in constructive, role-appropriate activity other than paid employment.
Check only one to indicate primary desired social role:
   Childrearing/care-giving   Homemaker, no childrearing or care-giving   Student
   Volunteer   Retired (Check retired only if over age 60; if unemployed, retired as disabled and under age 60, indicate "Unemployed" for item 7A.

0	Full-time (more than 30 hrs/wk) without support; full-time course load for students	1	Part-time (3 to 30 hrs/ wk) without support	2	Full-time or part-time with support	3	Activities in a supervised environment other than a sheltered workshop	4	Inactive; involved in role-appropriate activities less than 3 hours per week

8. Managing money and finances: Shopping, keeping a check book or other bank account, managing personal income and investments

0	Independent, manages money without supervision or concern from others	1	Manages money independently but others have concerns	2	Requires mild assistance or supervision from others (5-24% of the time)	3	Requires moderate assistance or supervision from others (25-75% of the time)	4	Requires extensive assistance or supervision from others (more than 75% of the time)

Comments:

Item #

_____ _____

_____ _____

_____ _____

Items with an asterisk (6, 7A or 7B) require rescoring as specified below before raw scores are summed and referred to reference tables to

obtain standard T-scores.

Rescore item 6.   Original score = _____
If original score = 0 or 1, new score = 0
If original score = 2 or 3, new score = 1
If original score = 4, new score = 3

Rescore item 7A or 7B.   Original score = _____
If original score = 0, new score = 0
If original score = 1 or 2, new score = 1
If original score = 3 or 4, new score = 3

New score for item 6 =   _____
New score for item 7Aor 7B =   _____
Sum of scores for other items (1-5 & 8)   _____
TOTAL =   _____   Standard T-score = _____